

Learning Outcomes

EMERGENCY FIRST AID AT WORK (ProTrainings Cert)

Learning outcomes and assessment criteria:

Understand the role and responsibilities of an emergency first aider

- 1.1 Identify the role and responsibilities of an emergency first aider
- 1.2 Describe how to minimise the risk of infection to self and others
- 1.3 Describe how to complete an incident report form
- 1.4 Identify the first aid equipment available and describe how it can be used safely

2 Know how to assess an incident

- 2.1 Describe how to conduct a scene survey
- 2.2 Describe how to make a primary survey of a casualty
- 2.3 Identify when and how to call for help

3 Manage an unresponsive casualty who is breathing normally

- 3.1 Demonstrate how to assess a casualty's level of consciousness
- 3.2 Demonstrate how to open a casualty's airway and check breathing
- 3.3 Demonstrate how to place an unconscious casualty into the recovery position that maintains an open airway and explain why it is important
- 3.4 Describe how to treat a casualty who is in seizure

4 Manage an unresponsive casualty who is not breathing normally

- 4.1 Demonstrate how to administer effective Cardio Pulmonary Resuscitation using a manikin

5 Recognise and assist a casualty who is choking

- 5.1 Describe how to identify a casualty with a partially and completely blocked airway obstruction
- 5.2 Demonstrate how to treat a casualty who is choking

6 Manage a casualty who is wounded and bleeding

- 6.1 Demonstrate how to control severe external bleeding

7 Manage a casualty who is in shock

7.1 Describe signs and symptoms of shock

7.2 Demonstrate how to manage a casualty who is in shock

8 Understand how to manage a casualty with a minor injury

8.1 Describe how to manage a casualty with:

Small cuts, grazes and bruises

Minor burns and scalds

Small splinters